



CHS INTEGRATIVE HEALTH

Treatment Plans and Fees

“Just like a tuning fork tunes a piano, the needle in the hands of a skilled Acupuncturist balances the body for optimum performance.”

Before starting your journey into wellness, it is best to know where you are and where you would like to go with your health. Ask yourself the following questions to organize your treatment goals.

1. How long have I been suffering from this condition?
2. What are my expectations and goals of treatment?

Two Levels of Acupuncture Treatment

Level 1: Initial Relief and Energy Correction

During this Acupuncture stage the body, its meridians, and internal organ energetic flow adjust and make a habit of being reinforced by repeated Acupuncture treatments.

Muscles, tendons, and internal organs get proper circulation of energy and blood, thus laying a healthy foundation for long term health.

The objective during this first stage is to begin to correct the problem and promote natural healing within the body.

Depending on the severity of your condition(s) in this stage it is typical to need treatment 2-3 times per week for a total of six to ten sessions. Additional sessions may be required.

Level 2: Wellness and Maintenance

Once you complete your initial course of treatment it is important to come in for periodic “tune-ups” to avoid problems in the future and in order to maintain a healthy and productive body.

Usually, treatments at this phase are administered once a week, once every two weeks, once a month, or four times a year, but may be adjusted at the patient’s discretion.

Schedule of Fees

CHS EMPLOYEES RECEIVE a 20% DISCOUNT

Unfortunately, we are unable to accept insurance as a form of payment. We do, however, welcome FSA/Health Spending Account cards as well as all major credit cards.

Initial Visit:	\$120.00	\$ 96.00 (includes initial acupuncture)
Follow Up:	\$ 80.00	\$ 64.00
Tui Na:	\$ 80.00	\$ 64.00 (Tui Na is similar to Chinese massage; usually lasts on average 45 mins.)