

Let's Get Digital Challenge













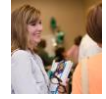






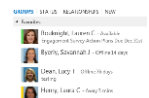

A CHS Teammate Engagement Prize Drawing – All in to Win!



Carolinas HealthCare System strives to offer teammates the most up-to-date office tools to deliver high quality, efficient and effective care. In order to communicate, connect and collaborate effectively, learn about these emerging tools CHS has to offer.

GOAL: Complete at least 15 of the daily suggestions (in any order) to earn your *All in to Win* prize drawing entry.

Items with number in **red** are highly encouraged!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Days Goals Achieved each Week
Week 1	<p>1</p> <p>Sign-up for MyCarolinas</p> 	<p>2</p> <p>Sign-up for CHS Virtual Visit</p> 	<p>3</p> <p>Register for Castlight or view and compare the cost of an upcoming office visit or procedure on Castlight</p> 	<p>4</p> <p>Log in to your Bank of America HSA or Flexible Spending Account</p> 	<p>5</p> <p>Take Your LiveWELL Health Survey</p>	<p>6</p> <p>Sign-up to make your first Health Coaching call</p>	<p>7</p> <p>Locate Your Labs On MyCarolinas</p> 	
	<p>8</p> <p>Create a MedCost Account or review your most recent Explanation of Benefits</p> 	<p>9</p> <p>Download The CHS Virtual Visit App to your cell phone</p> 	<p>10</p> <p>Find a CHS On-Site Care near you! Schedule your lab appt.</p> 	<p>11</p> <p>Transfer your labs for the CHS LiveWELL Know Your Numbers Incentive using the e-transfer process</p>	<p>12</p> <p>Learn About Office 365</p> <p>Login to Office 365</p> 	<p>13</p> <p>Office 365: Learn about SharePoint Check out Your SharePoint</p> 	<p>14</p> <p>Visit the MyHub Site</p> <p>Check out the Videos & Connect Tools Section</p> 	
Week 3	<p>15</p> <p>Watch this Yammer Video</p>  <p>Sign-up for Yammer</p>	<p>16</p> <p>Join the Yammer 101 Group</p> 	<p>17</p> <p>Download the Yammer App to your desktop</p> 	<p>18</p> <p>Download the Yammer App To your cell phone</p> 	<p>19</p> <p>Locate and Join The CHS LiveWELL Group on Yammer</p> 	<p>20</p> <p>Join the Teammate Life at CHS Group on Yammer</p> 	<p>21</p> <p>Praise Someone on Yammer</p> 	
	<p>22</p> <p>Learn about Your Health and Retirement at CHS</p> <p>PLAN PARTNER PARTICIPATE</p>	<p>23</p> <p>Review your 401k Contributions on the Empower Retirement Plan Services</p> <p>Are you contributing at least 6% of your pay for the CHS Match?</p>	<p>24</p> <p>Learn about Skype & Pin Icon to your Desktop</p> <p>Sign in to Skype</p> 	<p>25</p> <p>Skype: Create a Favorites Group for your Department</p> 	<p>26</p> <p>Hold a Meeting, Share your Screen or send an IM using Skype</p> <p>Hi! 😊</p>	<p>27</p> <p>Send an e-card to a CHS teammate on the Recognition & Rewards portal</p>	<p>28</p> <p>Check out the CHS Extras Website</p> 	
Week 4	<p>Report your results to be entered into the <i>All in to Win</i> prize drawing: After challenging yourself for four weeks go to LiveWELL.CarolinasHealthCare.org, then <i>All in to Win Challenges</i> or click here to report the number of days in 4 consecutive weeks that you achieved the goal.</p> <p>Be sure to enter your correct six-digit employee ID when reporting. Each new challenge completed and reported will earn four entries in the <i>All in to Win</i> Prize Drawing.</p> <p>Questions: Contact CHS LiveWELL at 704-355-8136 or email LivewellEvents@CarolinasHealthCare.org</p>							<p>Total Days Goals Achieved:</p>



Carolinas HealthCare System

