



How to find the HEALTHY WEIGHT REWARD on your paycheck!

- First verify your reward. Log in to your Total Health Portal “My Rewards” page to see your confirmation of reward. If your reward was not confirmed, contact CHS LiveWELL at 704-355-8136
- 2016 Healthy Weight Rewards will be shown on paychecks dated April 8, July 15 and November 4, depending on when your qualifying measurements were submitted.
- Teammates on monthly payroll are rewarded the first of the following month (May, August and December)
- To verify your reward, please review those specific detailed paychecks
- Please look in the “EMPLOYER PAID BENEFITS” section of the paycheck (lower right) and Health Savings Account (HSA). For example:

| BEFORE-TAX DEDUCTIONS | | | AFTER-TAX DEDUCTIONS | | | EMPLOYER PAID BENEFITS | | |
|-----------------------------|---------|--------|-----------------------------|---------|-------|------------------------------|---------|----------|
| Description | Current | YTD | Description | Current | YTD | Description | Current | YTD |
| CHC 30 Plan | 15.00 | 120.00 | Supplemental Life | 3.28 | 25.48 | CHC 30 Plan | 218.58 | 1,748.64 |
| Dental Insurance | 23.50 | 188.00 | Voluntary AD/D - CHS | 1.26 | 10.08 | Dental Insurance | 8.63 | 69.04 |
| Vision - Community Eye Care | 5.75 | 46.00 | Voluntary Spouse AD/D - CHS | 1.00 | 8.00 | On-site care/EAP | 6.01 | 48.08 |
| 401(k) Savings Plan | 96.17 | 809.36 | Spouse Life Insurance | 1.30 | 10.10 | Life Insurance - Employee | 3.10 | 24.80 |
| Health Savings Account | 50.00 | 400.00 | CMC Cafeteria | 0.00 | 1.40 | Life Insurance - Employee* | 1.83 | 14.64 |
| | | | CMC Mercy Cafeteria | 0.00 | 5.25 | Short-Term Disability | 8.70 | 69.60 |
| | | | ASC Cabarrus County | 0.00 | 10.00 | Long-Term Disability | 7.45 | 59.60 |
| | | | | | | 401(k) Savings Plan | | |
| | | | | | | Live WELL | 300.00 | 750.00 |
| | | | | | | HSA Employer MATCH | 0.00 | 250.00 |
| | | | | | | Health Reimbursement Account | 0.00 | 100.00 |

- Your Healthy Weight Reward will be deposited directly into your 2016 HSA, however you will see a record of it on your pay check, as noted above.
- Under the “Employer Paid Benefits” section of the Teammate’s paycheck, LiveWELL shows the Current Amount to be \$300 for the one-time Healthy Weight Incentive.
- The YTD LiveWELL amount in this example reflects the total from the 2015 LiveWELL Incentive maximum reward of \$450 plus the Healthy Weight Incentive of \$300 (maximum reward) for a total of \$750.