



CHS LiveWELL TOTAL HEALTH

2017 Total Health Event

All CHS teammates are invited to attend this event that will include:

- CHS LiveWELL Incentive information
- Blood pressure checks
- Healthy Weight Reward weigh-ins
- Health coaching
- Benefits information
- CarolinaCARE Rx information



Who: All CHS teammates

When: Wednesday, February 22, 2017
10:00 a.m. to 4:00 p.m.

Where: Carolinas Medical Center | Tower Dining Room
1000 Blythe Boulevard, Charlotte, NC 28203

Questions? Please email LiveWELLEvents@CarolinasHealthCare.org or call **CHS LiveWELL** at 704-355-8136



Carolinas HealthCare System



LiveWELL
Work | Eat | Learn | Live
Celebrating 10 Years