



CHS LiveWELL TOTAL HEALTH

2017 Total Health Event

All CHS teammates are invited to attend this event that will include:

- CHS LiveWELL Incentive information
- Blood pressure checks
- Healthy Weight Reward weigh-ins
- Health Coaching
- Benefits information
- CarolinaCARE One-on-One Rx sessions



Who: All CHS teammates

When: Tuesday, July 11, 2017
5:00 p.m. to 9:00 p.m.

Where: CHS Pineville | CR Meck A/B
10628 Park Road, Charlotte, NC 28210

Questions? Please email LiveWELLEvents@CarolinasHealthCare.org or call **CHS LiveWELL** at 704-355-8136



Carolinan HealthCare System



LiveWELL
Work | Eat | Learn | Live
Celebrating 10 Years