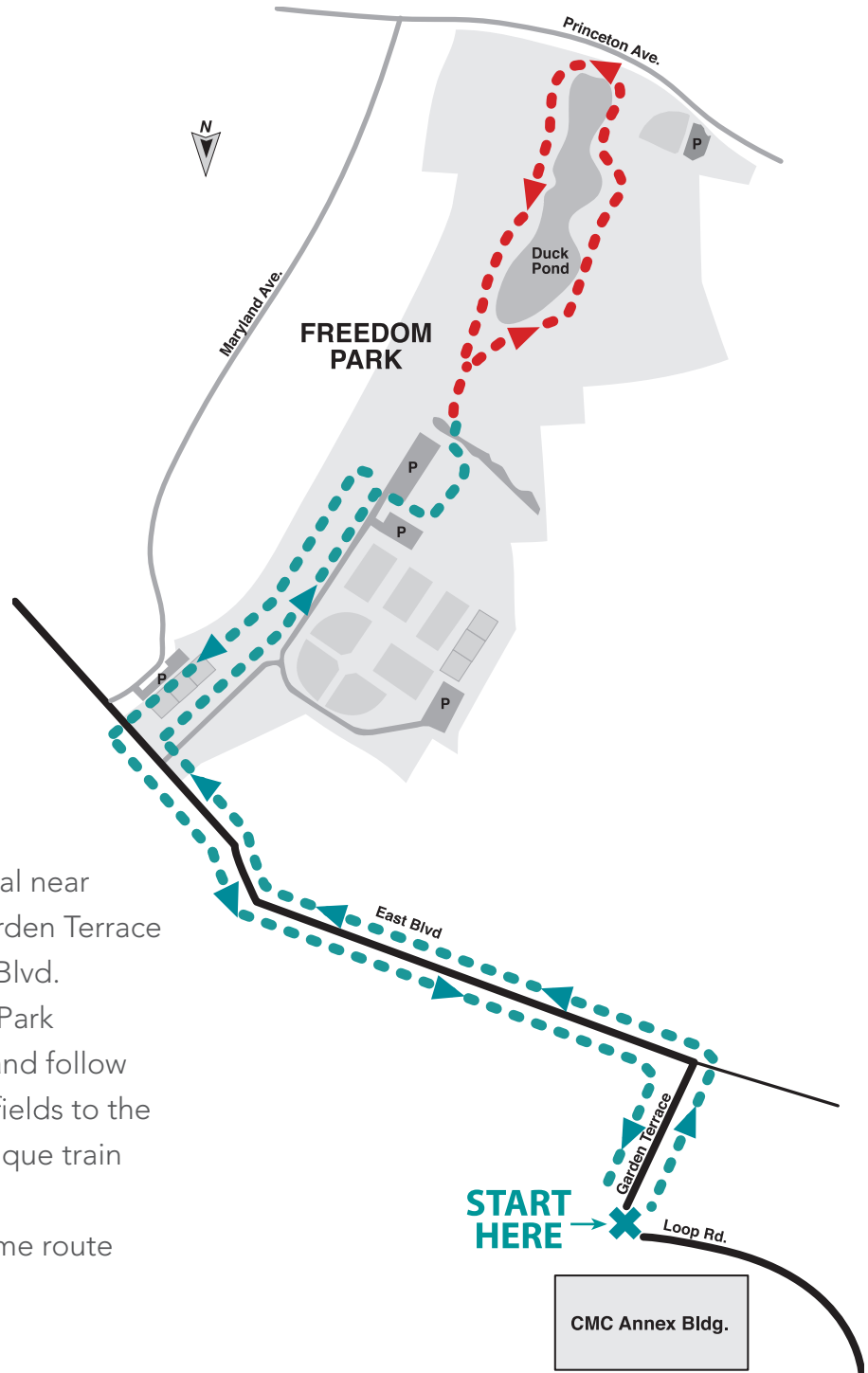




Carolina's Medical Center Trail to Freedom Park



1 MILE WALK

- Leaving the back of the hospital near the Annex building, follow Garden Terrace to East Blvd. Turn left on East Blvd.
- Follow East Blvd. to Freedom Park
- Turn right into Freedom Park and follow the sidewalks past the soccer fields to the main parking lots near the antique train engine
- Turn around and follow the same route back to CMC

1.6 MILE WALK

- Follow the same route above. Follow the sidewalks around duck pond